



# ABU DHABI MALAYALEE SAMAJAM

P.O Box: 2779, Abu Dhabi, U.A.E. Tel: 02-6671400, Fax: 02-6671355,

Site: [www.abudhabisamajam.com](http://www.abudhabisamajam.com)

## UAE XCHANGE<sup>®</sup> Open Athletic Meet-2009-10

### ENTRY FORM

**Date: 22nd Friday January 2010 - Venue: Military Sports Stadium (Near Musaffah Bridge)**

Name of Participant:		School:
Sex: Male ( ) Female ( )	Date of Birth :	Class :
Name of Parents:		Roll No.
E-mail:	Telephone No: ®	Mobile:

<b>1) Below 6 yrs (Boys) (22/01/04)</b>	<b>6) Below 6 Years (Girls) (22/01/04)</b>	<b>11) Gents</b>
Sweet Picking	Sweet Picking	100 Meter Race
25 Meter Race	25 Meter Race	Long Jump
Standup & Jump	Standup & Jump	Shot Put
Soft ball Throw	Soft ball Throw	400 Meter Race
<b>2) 6 - 9 Years Boys (22/01/01)</b>	<b>7) 6 - 9 Years Girls (22/01/01)</b>	<b>12) Ladies</b>
50 Meter Race	50 Meter Race	100 Meter Race
Long Jump	Long Jump	Lemon & Spoon
100 Meter Race	100 Meter Race	Shot Put
Cricket ball Throw	Cricket ball Throw	Bottle Race
<b>3) 9 - 12 Years Boys (22/01/98)</b>	<b>8) 9 - 12 Years Girls (22/01/98)</b>	<b>13) Family (Husband &amp; Wife)</b>
100 Meter Race	100 Meter Race	100 Meter Relay
Long Jump	Long jump	Potato Picking
Shot Put	Shot Put	Ball Basket
200 Meter Race	200 Meter Race	3 Leg Race
<b>4) 12 - 15 Years Boys (22/01/95)</b>	<b>9) 12 - 15 Years Girls (22/01/95)</b>	<b>14) Veterans (45+ Years)</b>
100 Meter Race	100 Meter Race	100 Meter Race
Long Jump	Long Jump	Shot Put
Shot Put	Shot Put	Sack Race
200 Meter Race	200 Meter Race	Long Jump
<b>5) 15 - 18 Years Boys (22/01/92)</b>	<b>10) 15 - 18 Years Girls (22/01/92)</b>	<b>11) 15 - 18 Years Boys (22/01/92)</b>
100 Meter Race	100 Meter Race	4X400 Meter Relay
Long Jump	Shot Put	<b>12) 15 - 18 Years Girls (22/01/92)</b>
Shot Put	Sack Race	4X400 Meters Relay
400 Meter Race	Long Jump	

#### Rules:

- 1) Separate entry form should be submitted for each group.
- 2) Age will be considered as on **22 January 2010**. Passport copy should be provided for verification if required.
- 3) Entry fee DH: 25/- for Non Members and Dh: 20/- for Members, should be paid along with the entry form.
- 4) Entry Form should reach Samajam Office on or before 22 January 2010.
- 5) Items with less than 3 participants will be cancelled & Relay not less than 4 teams.
- 6) Grand opening ceremony at 8: 00 a.m. Participants are requested to attend the March Past.
- 7) Participants should wear the Samajam Jersey which will be provided by Samajam.
- 8) Breakfast & Lunch will be served.
- 9) Decision of the judges will be final.

**\*\* Transportation will be arranged by Samajam. Bus will start from Samajam at 07:00 a.m. Sharp \*\***

- For further details contact: 02- 6671400 – 050-6421193

Gen. Secretary

Sports Secretary

